

**Back by popular demand**

# The Best Part is yet to come

*Be the Leading Lady  
in your Life,  
not the Supporting Actress*

**all-women training by  
Judy van Zon and  
Saskia Geraerts**

Thursday 22nd April 2010  
9.30 am to 5.30 pm  
Munich



## What you'll get

You will leave this empowering workshop:  
Inspired and equipped to make positive choices in your life.  
With an energizing sense of possibility and ease.  
With some simple tools to help you take care of different aspects of your life.  
With authenticity and fearlessness—not by default.  
You will receive a complimentary, individual follow-up coaching session in the month following the workshop.

## Why you'll want to join this workshop

For fun, of course! And also because your life is too short and precious to keep playing a supporting actress role. And because it's time to start casting yourself front and center stage. Making default choices and decisions—to accommodate others, minimize discomfort or avoid change—prevents you being a leading lady. It's time to stop compromising and to get back into the driver's seat, of this thing called your LIFE!

## How will it go

Through a series of experiential exercises and discussions with other women you will gain awareness of your default behaviors and thinking patterns (you know, those attitudes and habits that just don't serve you anymore?) that have kept you playing small. Through this unique workshop, co-led by two seasoned coaches who walk their talk, you will shed the shoulds and start stepping into your wants and wishes.

## Who needs this

If you are between 30 and 60 and want to break out of those frustrating behavior patterns that have kept you in supporting actress roles, this workshop is for you. If you're ready to shed a compromising, bored or passive you and trade her in for someone authentic, powerful and alive, book now.

**Cost €195,-**  
fabulous sit-down lunch included

**Reserve now via email**